

Weekly Menu

Auburn Heights Senior Care



	Sun 08-01-2021	Mon 08-02-2021	Tue 08-03-2021	Wed 08-04-2021	Thu 08-05-2021	Fri 08-06-2021	Sat 08-07-2021
B R K	Hot Cereal Egg of Choice Raisins 100% Juice Whole Grain Toast	Homestyle Pancakes Sausage Link Raisins 100% Juice	Scrambled Egg Hash Browns Fresh Fruit 100% Juice English Muffin	French Toast Sticks Bacon Fresh Fruit 100% Juice	Cold Cereal Egg of Choice Banana 100% Juice Breakfast Muffin	Bacon and Egg Casserole Egg of Choice Fresh Fruit 100% Juice	Deluxe Waffles Breakfast Ham Fresh Fruit 100% Juice
S N A	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
L U N	Chicken Pot Pie Apple Cranberry Walnut Salad Fresh Cornbread	Egg Salad Sandwich Cantaloupe Beet Salad Chips	Oriental Chicken Salad Mandarin Oranges Baked Roll	Traditional Lasagna Assorted Fruit Romaine Salad Garlic Breadsticks	Classic Turkey Sandwich Pear Fruit Medley Pickle Spear Sweet Potato Fries	Baked Beef Vegetable Stew Watermelon Green Salad Fresh Cornbread	Chicken Soft Tacos Grapes Corn Pepper Salad
S N A	Yogurt	Granola Bar	Homemade Cookie	Yogurt	Granola Bar	Homemade Cookie	Crackers and Peanut Butter
D I N	Honey Glazed Ham Smashed Sweet Potatoes Roasted Cabbage Baked Roll	Seasoned Baked Chicken O'Brien Potatoes Parsley Carrots Baked Roll No Bake Cookie	Sauteed Meatballs Spaghetti with Marinara Sauce Green Beans Baked Roll Hot Fudge Sundae	Balsamic Roasted Pork Cheesy Rice Baked Seasoned Squash Baked Roll Mixed Berry Crisp	Hamburger Steak and Onions Garlic Mashed Potatoes Peas and Carrots Baked Roll Cherry Parfait	Crunchy Baked Fish White and Wild Rice Pilaf Pineapple Coleslaw Baked Roll Pina Colada Cake	Turkey Roast Cranberry Sage Dressing Roasted Brussels Sprouts Baked Roll Pear Cobbler
S N A		Deli Sandwich Half	Cereal Choice with Milk	Cheese and Crackers	Deli Sandwich Half	Pretzels	Graham Cracker and Milk Graham Cracker and Milk
	Milk offered at every meal						Week 4